



Training Event Catalog

One Place appreciates your interest in the training contained in this catalog. The table below provides information regarding training offered this quarter.

4th Quarter Course Listing April-June 2025/FY 2024 – 2025

								Technology Requirements: Laptop/Computer/Phone/Internet
Date(s)	Training Title	Location of Training	Time of Training	Fee Per Person (Attendance Min/Max)	Total Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Monday April 7, 2025	ITS-SIDS-In Person	One Place	6:30-8:30pm	\$15 (5/20)	2.0	A,T,F,P	None	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>

*Target Audience Key: T-Teacher SA-School Age F-Family Child Care D-Director P-Parents PK –Pre-Kindergarten

<p>Tuesday April 8, 2025</p>	<p>Beginning Fire Safety-Virtual</p>	<p>Microsoft TEAMS</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/40)</p>	<p>1.0</p>	<p>A,T,F,P,PK,SA</p>	<p>None</p>	<p>This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors.</p> <p>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Wednesday April 23, 2025</p>	<p>Advanced Fire Safety-Virtual</p>	<p>Microsoft TEAMS</p>	<p>6:30- 7:30pm</p>	<p>\$15 (5/40)</p>	<p>1.0</p>	<p>A,T,SA,PK,F,P</p>	<p>Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training</p>	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p>**Please note, due to the short length of this session,</p>

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								<p>participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday April 22, 2025</p>	<p>Care and Supervision-In Person</p>	<p>One Place</p>	<p>6:30-8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,SA,PK,F,P</p>	<p>None</p>	<p>Young children must be carefully protected by adults because they do not have the knowledge or experience that is needed to know what might be dangerous to them. We must provide care and supervision in a nurturing, positive way. The goal of the Care and Supervision course is to provide participants with valuable tools and knowledge about nurturing care and active supervision of children. Participants will learn minimum requirements for supervision per state guidelines, as well as strategies to make active supervision part of their daily routine.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
<p>Saturday April 26, 2025</p>	<p>Adult and Pediatric CPR/FA/AED-In Person</p>	<p>One Place</p>	<p>9:00-2:30pm</p> <p>Lunch will be provided</p>	<p>\$70 (5/12)</p>	<p>5.0</p>	<p>A,T,SA,PK,F,P</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able</p>

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								to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. <i>Topic Area: Health and Safety</i>
Monday April 28, 2025 & Wednesday April 30, 2025	NCFELD-In Person Session 1 & Session 2 *Must attend both sessions for credit*	One Place	6:00- 8:30pm	\$25 (5/30)	5.0/0.5	A,T,SA,PK,F,P	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development. Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained.

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								<i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Monday May 5, 2025	EPR- Emergency, Preparedness and Response- Virtual	Microsoft TEAMS	6:00- 8:30pm	\$15 (5/30)	2.5	Admin	None	<p>The Emergency Preparedness and Response (EPR) in Childcare Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Childcare Training addresses NC Childcare Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Childcare Rules require that a designated individual from all licensed centers and family childcare homes complete the training and submit a facility EPR Plan.</p> <p><i>Topic Area: Safe & Healthy Learning Environment</i></p>
Tuesday May 6, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/40)	1.0	A,T,SA,PK,F,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers.</p>

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								<p>Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors.</p> <p>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Health and Safety</i></p>
<p>Wednesday May 7, 2025</p>	<p>ITS-SIDS-In Person</p>	<p>One Place</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK</p>	<p>None</p>	<p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Monday May 12, 2025 &</p>	<p>BSAC-In Person Session 1 & Session 2</p>	<p>One Place</p>	<p>6:30- 8:30pm (1 hour of homework)</p>	<p>\$25 (5/20)</p>	<p>5.0/0.5</p>	<p>A,T,SA</p>	<p>None</p>	<p>This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity</p>

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<p>Wednesday May 14, 2025</p>	<p>(must attend both sessions to receive credit)</p>							<p>requirements. Group activities will be included in this training session. The instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
<p>Thursday May 15, 2025</p>	<p>NEW!! Getting Ready for the Threes: ECERS 3-In Person</p>	<p>One Place</p>	<p>6:30-8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK,P</p>	<p>None</p>	<p>This training provides early childhood educators with a comprehensive understanding of the Early Childhood Environment Rating Scale, Third Edition (ECERS-3), which became the official assessment tool for North Carolina child care licensing on February 1, 2025. Participants will explore the key components of ECERS-3, including its emphasis on teacher-child interactions, language development, and individualized learning opportunities. The training will cover strategies for improving classroom environments, enhancing instructional practices, and meeting quality rating requirements. Educators will gain practical knowledge on implementing ECERS-3 standards to create engaging, developmentally appropriate learning spaces that foster positive outcomes for young children. Through hands-on activities, discussions, and real-world examples, attendees will</p>

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								<p>leave with actionable steps to enhance their early learning programs.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
<p>Saturday May 17, 2025</p>	<p>Adult and Pediatric CPR/FA/AED- In Person</p>	<p>One Place</p>	<p>9:00- 2:30pm</p> <p>Lunch will be provided</p>	<p>\$70 (5/12)</p>	<p>5.0</p>	<p>A,T,PK,P,F,SA</p>	<p>None</p>	<p>This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process.</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Tuesday May 20, 2025</p>	<p>Playground Safety-Virtual</p>	<p>Microsoft TEAMS</p>	<p>6:00- 8:30pm</p> <p>(1 hour of homework)</p>	<p>\$15 (5/30)</p>	<p>4.0</p>	<p>A,T,PK,P,F,SA</p>	<p>None</p>	<p>This course is designed to promote safe play areas for children in childcare. Participants will learn about potential hazards and how to make childcare play areas safe for children. Participants must</p>

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							<p>participate in small group activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit.</p> <p>*Participants will be required to complete 1.5 hours of independent coursework. *</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
<p>Thursday May 22, 2025</p>	<p>NEW!! Getting Ready for the Threes: ITERS 3-In Person</p>	<p>One Place</p>	<p>6:30-8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,P</p>	<p>None</p> <p>This training provides an in-depth overview of the Infant/Toddler Environment Rating Scale, Third Edition (ITERS-3), which became the official assessment tool for North Carolina child care licensing on February 1, 2025. Participants will learn key components of ITERS-3, including its focus on responsive caregiving, language development, and developmentally appropriate environments. The course will equip educators with practical strategies to enhance infant and toddler care, improve daily routines, and meet updated quality standards. Through interactive discussions and real-world applications, attendees will gain the skills needed to create high-quality, engaging, and nurture early learning environments.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual</i></p>

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								<i>Development/ Social-Emotional Development/Growth and Development/ Inclusion</i>
Tuesday May 27, 2025	Advanced Fire Safety-Virtual	Microsoft TEAMS	6:30-7:30pm	\$15 (5/40)	1.0	A,T,SA,PK,F,P	Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p>Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training</p> <p>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Safe and Healthy Learning Environment</i></p>
Thursday May 29, 2025	NEW!! Building Brighter Brains: Understanding Infant Brain Development- In Person	One Place	6:30-8:30pm	\$15 (5/20)	2.0	A,T,F,P	None	<p>Children's earliest experiences lay a foundation for a lifetime of learning and development. In this training, participants will discover the basics of brain development in the first year of life and how early experiences shape the physical development of a child's brain. Participants will learn about the</p>

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								<p>importance of back-and-forth interactions in the infant years and will explore specific strategies and activities that support infant's brain development.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
Tuesday June 3, 2025	Darkness to Light-Virtual	Microsoft TEAMS	6:00-8:30pm	\$15 (5/30)	2.5	A,T,SA,PK,F,P	None	<p>This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook.</p> <p><i>Topic Area: Safe & Healthy Learning Environment</i></p>
Tuesday June 10, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30-7:30pm	\$15 (5/40)	1.0	A,T,F,SA,PK,P	None	<p>This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This</p>

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								<p>training will be held by NC Fire Inspectors.</p> <p>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Safe & Healthy Learning Environment</i></p>
Monday June 16, 2025	Discipline and Guidance- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,PK,SA,F,P	None	<p>This training will provide an overview of the topic of positive discipline and guidance. Participants will discuss appropriate expectations and how to help children learn self-control over time by providing them with many opportunities to learn from their experiences in a supportive, positive environment. The training will provide teachers with strategies for encouraging and supporting children's right to make choices.</p> <p><i>Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion</i></p>
Tuesday June 24, 2025	Advanced Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/40)	1.0	A,T,F,SA,PK,P	Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training	<p>The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an</p>

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							<p>Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall.</p> <p>Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training</p> <p>**Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**</p> <p><i>Topic Area: Safe & Healthy Learning Environment</i></p>
<p>Thursday June 26, 2025</p>	<p>ITS-SIDS-In Person</p>	<p>One Place</p>	<p>6:30- 8:30pm</p>	<p>\$15 (5/20)</p>	<p>2.0</p>	<p>A,T,PK</p>	<p>None</p> <p>This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event.</p> <p><i>Topic Area: Safe & Healthy Learning Environment</i></p>

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