

Training Event Catalog

One Place appreciates your interest in the training contained in this catalog. The table below provides information regarding training offered this quarter.

3rd Quarter Course Listing January-March 2025/FY 2025 – 2026

				Fee Per	Total			Technology Requirements: Laptop/Computer/Phone/Internet
Date(s)	Training Title	Location of Training	Time of Training	Person (Attendance Min/Max)	Contact Hrs/CEUs	Target Audience	Pre/Co Requisites	Training Description
Monday January 6, 2025	Behavior Strategies for Inclusive Environments- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,SA,PK,F,P	None	This is a training course designed to equip early childhood educators with practical and effective strategies for managing challenging behavior in the classroom. Participants will learn strategies to create inclusive environments where every child feels valued and supported. By implementing these strategies, educators can foster a nurturing classroom atmosphere that promotes the healthy development of all children. Topic Area: Physical & Intellectual Development/Observing & Recording Children's Behavior/Child Growth & Development
Wednesday January 8, 2025	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,P	None	This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden

Thursday	Care and	Microsoft	6:30-	\$15 (5/30)	2.0	A,T,SA,PK,F,P	None	infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event. Topic Area: Safe and Healthy Learning Environment Young children must be carefully
January 9, 2025	Supervision- Virtual	TEAMS	8:30pm	\$13 (3/3U)	2.0	А, Г,ЗА,РК,Г,Р	None	protected by adults because they do not have the knowledge or experience that is needed to know what might be dangerous to them. We must provide care and supervision in a nurturing, positive way. The goal of the Care and Supervision course is to provide participants with valuable tools and knowledge about nurturing care and active supervision of children. Participants will learn minimum requirements for supervision per state guidelines, as well as strategies to make active supervision part of their daily routine. Topic Area: Physical & Intellectual Development/Social & Emotional Development/Observing & Recording Children's Behavior/Child Growth & Development

Saturday January 11, 2025	Adult and Pediatric CPR/FA/AED- In Person	One Place	9:00- 2:30pm Lunch will be provided	\$70 (5/12)	5.0	A,T,SA,PK,F,P	None	This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. Topic Area: Safe and Healthy Learning Environment
Tuesday January 14, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,SA,PK,F,P	None	This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to

*Target Audience Key: T-Teacher SA-School Age F-Family Child Care D-Director P-Parents PK –Pre-Kindergarten

								enter the session after training has commenced** Topic Area: Health and Safety
Thursday January 16, 2025	Interactions Matter-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,SA,PK,F,P	None	Positive child-staff interactions matter! Participants will learn how to teach with respect, offer encouragement, develop problem solving skills and use questioning to dig deeper. They will participate in activities to strengthen their knowledge and watch video examples of interaction strategies in action. Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Tuesday January 21, 2025 & Thursday January 23, 2025	NCFELD- Virtual Session 1 & Session 2 *Must attend both sessions for credit*	Microsoft TEAMS	6:00- 8:30pm	\$25 (5/30)	5.0/0.5	A,T,PK,SA	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals, developmental indicators, and strategies in five developmental domains: approaches to play and learning, emotional and social development, health and physical development, language development and communication and cognitive development.

								Participants will engage in large and small group activities and group discussion. Instructor will provide feedback on outcome mastery throughout the session and during group discussions to assess knowledge gained. *One hour of self-instructed homework will be assigned by the instructor* Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Monday January 27, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,SA,PK,F,P	None	This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced** Topic Area: Health and Safety

Tuesday January 28, 2025	Deep Breathing: A Connection to Calm-Virtual	ZOOM	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,SA,PK,F,P	None	This training is geared towards informing, assessing, and providing strategies to support the skill of deep breathing and making connections to help children learn how to calm. Participants will assess their own responses and reactions in relation to deep breathing by creating an environment that naturally promotes this crucial skill to early social-emotional development. They will learn about the importance of evidence-based research on why breathing with children matters. This training will provide you with an understanding of your relationship with yourself, your children, and your teaching team/s. Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Thursday January 30, 2025	Classroom Management- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,PK,P,F,SA	None	This training will introduce teachers to the effects of trauma in the classroom and connect them into strategies for each component of effective classroom management. Teachers will collaborate with one another to develop additional strategies for each component and then complete a Classroom Management Plan. The Classroom Management Plan will also include a teacher Schedule outlining the roles and responsibilities of each teacher in the classroom as well as a Classroom Safety Plan which will

								outline the roles and responsibilities of each staff member during times of challenging or dangerous behaviors. Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Monday February 3, 2025	Staying Healthy, Keeping it Clean-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,F,SA,PK,P	None	This is a comprehensive childcare sanitation training designed to equip early child educators with the knowledge and skills needed to maintain clean and hygienic environments for young children. Participants will learn the latest sanitation protocols, including proper disinfection techniques, effective cleaning product selection, and strategies to prevent the spread of germs. By completing this training, educators will be empowered to create sparkling clean spaces that promote the health and well-being of the children in their care. Topic Area: Health and Safety
Tuesday February 5, 2025	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,F,P	None	This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS

								SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event. Topic Area: Safe and Healthy Learning Environment
Saturday February 8, 2025	Adult and Pediatric CPR/FA/AED- In Person	One Place	9:00- 2:30pm Lunch will be provided	\$70 (5/12)	5.0	A,T,PK,P,F,SA	None	This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. Topic Area: Safe and Healthy Learning Environment
Monday February 10, 2025	Care and Supervision-In Person	One Place	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,SA,PK,F,P	None	Young children must be carefully protected by adults because they do not have the knowledge or experience that is needed to know what might be dangerous to them. We must provide care and supervision in a nurturing, positive

Tuesday February 11, 2025 Team Advanced Fire February 11, 2025 Team Advanced Fire February 1 Febr
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								participants will not be allowed to enter the session after training has commenced** Topic Area: Safe and Healthy Learning Environment
Thursday February 13, 2025	EPR- Emergency Preparedness and Response- Virtual	Microsoft TEAMS	6:00- 8:30pm	\$15 (5/30)	2.5	A,F	Administrator's Only	The Emergency Preparedness and Response (EPR) in Childcare Training provides early educators with information and tools to prepare for many types of emergencies. The EPR in Childcare Training addresses NC Childcare Rules on emergency preparedness, current best practice recommendations, and guidance on completing the online EPR Plan. The EPR Plan template can be found on the North Carolina Emergency Management website. The training is presented in a two-and-a-half-hour session. NC Childcare Rules require that a designated individual from all licensed centers and family childcare homes complete the training and submit a facility EPR Plan. Topic Area: Safe & Healthy Learning Environment
Monday February 17, 2025	ACES, Inclusion and Trauma Informed Care-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,F,SA,PK,P	None	To accurately determine how a child learns best or what classroom support they need, teachers must first understand the child's emotions and how they are functioning in their environment. In this course, teachers will learn how trauma can rewire the brain's pathways, potentially leading to diagnoses of

								disabilities and negative behaviors. Unfortunately, these behaviors often result in children being excluded from early childhood classrooms rather than being included. This course aims to equip teachers with new strategies to effectively reach and support the diverse learners who enter their classrooms.
								Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Tuesday February 18, 2025 & Thursday February 20, 2025	BSAC-Virtual Session 1 & Session 2 (must attend both sessions to receive credit)	Microsoft TEAMS	6:30- 8:30pm	\$25 (5/30)	5.0/0.5	A,T,SA	None	This course is designed to help participants meet NC School Age training requirements. Participants will participate in hands-on activities and discuss ideas for School Age supervision and activity requirements. Group activities will be included in this training session. The instructor will provide feedback to all participants. Participants will receive Basic School Age Care Certification upon completion. Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Tuesday February 25, 2025	Advanced Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,F,SA,PK,P	Must have completed Beginning Fire Safety within the last 12	The course is designed to help participants complete and review the Emergency Fire Evacuation Plan for their program. Participants will familiarize all program staff with

							months and be able to provide the date of the training	fire safety requirements and all elements of the emergency action plan as defined by the NC Fire Code. To complete this course, participants must create an Emergency Evacuation Plan for their site before attending the training session. Each site plan will be reviewed by the Assistant Fire Marshall. Must have completed Beginning Fire Safety within the last 12 months and be able to provide the date of the training **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced**
Thursday February 27, 2025	Intro to SACERS-U- Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,SA	None	Topic Area: Safe & Healthy Learning Environment This course is designed to provide an overview of the school-Age Environmental Rating Scale (SACERS). The learner will interpret SACERS key terms, practice scoring on SACERS scenarios, go over the proper handwashing and table cleaning procedures and look at each subscale in the SACERS. Knowledge gain will be assessed through skills practice, pre and post-test, and scoring activities. Upon completion of this course participants will be able to define, illustrate and apply knowledge gained within their programs. The instructor will assess knowledge gained during demonstrations.

								Feedback on outcome mastery will be provided throughout the session and through the evaluation process. Topic Area: Safe & Healthy Learning Environment/Physical & Intellectual Development/ Social-Emotional Development/Growth and Development/ Inclusion
Tuesday March 4, 2025	Darkness to Light-Virtual	Microsoft TEAMS	6:00- 8:30pm	\$15 (5/30)	2.5	A,T,F,PK,P,SA	None	This course is designed to help participants identify and recognize the signs and symptoms of physical, sexual and emotional abuse. Participants will gain a better understanding of the NC Child Abuse Reporting Law, the steps to reporting suspected abuse and some of the reasons why children are mistreated. Participants will observe video and record findings in a workbook. Topic Area: Safe & Healthy Learning Environment
Thursday March 6, 2025	Playground Safety-Virtual	Microsoft TEAMS	6:00- 8:30pm	\$20 (5/30)	4.0	A,T,F,PK,P,SA	None	This course is designed to promote safe play areas for children in childcare. Participants will learn about potential hazards and how to make childcare play areas safe for children. Participants must participate in small group activities, use audit equipment and review playground monthly checklists. Participants will participate in a playground audit. Instructor will appraise knowledge gained during the off-site playground safety audit. *Participants will be required to complete 1.5 hours of independent coursework.*

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								Topic Area: Safe & Healthy Learning Environment
Tuesday March 11, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,F,PK,P,SA	None	This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors. **Please note, due to the short length of this session, participants will not be allowed to enter the session after training has commenced** Topic Area: Safe & Healthy Learning Environment
Thursday March 13, 2025	Staying Healthy, Keeping it Clean-Virtual	Microsoft TEAMS	6:30- 8:30pm	\$15 (5/30)	2.0	A,T,F,SA,PK,P	None	This is a comprehensive childcare sanitation training designed to equip early child educators with the knowledge and skills needed to maintain clean and hygienic environments for young children. Participants will learn the latest sanitation protocols, including proper disinfection techniques, effective cleaning product selection, and strategies to prevent the spread of germs. By completing this training, educators will be empowered to create sparkling

								clean spaces that promote the health and well-being of the children in their care. Topic Area: Safe & Healthy Learning Environment
Saturday March 15, 2025	Adult and Pediatric CPR/FA/AED-In Person	One Place	9:00- 2:30pm Lunch will be provided	\$70 (5/12)	5.0	A,T,F,SA,PK,P	None	This learning event is for certification for Adult, Child, and Infant CPR. This learning event is designed to help individuals recognize and respond to an emergency and demonstrate the three emergency actions steps. Proper CPR techniques will be demonstrated during the training event. Participants will also be able to identify signals of a breathing emergency. Instructor will assess knowledge gained through guided video skill practice, instructor feedback, and through four written tests with 80% accuracy. Feedback on outcome mastery will be provided throughout the session and during the evaluation process. Topic Area: Safe and Healthy Learning Environment
Tuesday March 18, 2025 & Thursday March 20, 2025	NCFELD- Virtual Session 1 & Session 2 *Must attend both sessions for credit*	Microsoft TEAMS	6:00- 8:30pm	\$25 (5/30)	5.0/0.5	A,T,F,SA,PK,P	None	This course combines the previous Foundations documents (i.e., the 2005 Foundations: Early Learning Standards for North Carolina Preschoolers and Strategies Guiding Their Success, and the 2007 Infant Toddler Foundations: Guidelines for Development and Learning for North Carolina's Infants and Toddlers). After completing this course, participants will better understand Foundations as it spans birth to age 5 and the goals,

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Wednesday March 19, 2025	ITS-SIDS-In Person	One Place	6:30- 8:30pm	\$15 (5/20)	2.0	A,T,P,F	None	This course is designed to help participants learn strategies to improve infant sleep environments and help reduce the risk of sudden infant death. The class meets NC state requirements for SIDS training of childcare providers. After completing this course participants will understand the meaning of "sudden infant death syndrome", identify the elements of the NC ITS SIDS law and understand how to create a safe sleep environment for infants to decrease risks in childcare programs. Participants will be given a pre/post-test to assess prior knowledge and knowledge gained from this event.

								Topic Area: Safe and Healthy Learning Environment
Tuesday March 25, 2025	Beginning Fire Safety-Virtual	Microsoft TEAMS	6:30- 7:30pm	\$15 (5/50)	1.0	A,T,F,SA,PK,P	None	This course is designed to help participants meet the annual fire inspection requirement of every childcare program. This training will address general precautions, emergency planning, service features and systems, fire rated construction and protection, interior decorations, means of egress, and use of portable fire extinguishers. Participants will engage in small group activities. Instructor will assess knowledge gained during a question-and-answer session. This training will be held by NC Fire Inspectors. Topic Area: Safe and Healthy Learning Environment